



OF TRINITY BAPTIST MINISTRIES

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Orientation/Preparing for Preschool at TBP Summer 2026

Dear TBP Families,

TBP's Orientation Day is scheduled for the morning of Thursday, August 6th, from 9:00 AM to 11:00 AM. This is a drop-in style orientation that allows you and your child to visit their classroom, get important materials, and meet their teacher and classmates. We look forward to seeing you there!

To ensure a smooth transition to preschool, I have provided several key focus areas to help you prepare your child for the coming year.

Toilet Training

At TBP, primary toilet training occurs in our K2 classroom. Children in K3 and K4 must be fully toilet-trained, meaning they can recognize the need to use the bathroom and do so with little to no assistance. To support this:

- Ensure your child can communicate their needs to their teacher.
- Dress your child in "easy-on, easy-off" clothing.
- Practice handwashing and role-play bathroom routines at home to build confidence.
- Recommended Reading:

[KoKo Bears New Potty by Vicki Lansky](#)

[Learn to Use the Potty with Pete the Kitty](#)

[The Potty Book for Girls](#)

[The Potty Book for Boys](#)

Lunchtime Preparation

Eating lunch at school is a big adjustment. We love Bento lunch boxes with the ice pack built in, and our favorite lunchbox formula is: filling/main/protein + carb/snack + fruit and/or veggie + dessert (sometimes) + a spill-proof water bottle. We suggest practicing with a packed lunch at home:

- Practicing with a packed lunch at the table.
- Teaching them to open all containers, bags, and their spill-proof cup independently.
- Setting a 20-minute timer to mirror the school schedule.
- Teaching them the difference between trash and items that should be packed back home.

Backpacks and Lunchboxes

Please let your child help choose a backpack and lunchbox they can carry and manage on their own. Supporting their independence in packing and unpacking will help them feel capable and confident. Parents, a backpack, lunchbox, and daily water bottle are the only supplies you need to shop for! The backpack should be large enough to hold an 8x11 plastic folder (provided by the school), K2 diaper needs (if applicable), lunch, and a water bottle. For lunch, we recommend durable, leak-proof, bento-style boxes, as they are often easier for little hands to manage.

Emotional Readiness

Starting school involves many new emotions. You can support your child's independence by:

- Discussing what to expect and the activities they will enjoy.
- Reinforcing that while grown-ups do not stay at school, they will return for pickup after a few hours.
- Recommended Reading:

[Sorry, Grown-Ups, You Can't Go To School](#)

[Pete The Kitty's First Day of Preschool](#)

[Our Class is a Family.](#)

We are here to support you every step of the way and cannot wait to begin this exciting new school year together!